



Nahui Ollin

RETREAT

Berlin Klandorf
17-19 JULY 2026

**CUATRO
VIENTOS**

STARSEEDERS



Nahui Ollin is an expression from the Nahuatl language of Mexico. In its literal translation, it means “four movements” (nahui = four, ollin = movement). It is one of the most profound and symbolic concepts in the Mexica worldview, associated with time, transformation, and balance.

Activity Schedule

Friday, July 17

20:00 - **Nourishing Temazcal**

Saturday, July 18

Song Workshop
Altar preparation
Temazcal

Sunday, June 19

Sharing circle and closing Pipe /
Chanupa Ceremony.

Friday,
July 17

Nourishing Temazcal

The Nourishing Temazcal, also known as the Four Tobacco Temazcal, is a ceremonial form within the tradition of the Sacred Fire of Itzachilatlan. It follows the same foundation as the traditional Temazcal, but its ceremonial design is guided by the four tobaccos, which represent the four directions and different aspects of life and consciousness.

In this format, each door of the Temazcal is associated with one of these tobaccos, guiding a deeper process of alignment, reflection, and spiritual nourishment. Unlike the traditional Temazcal, the Nourishing Temazcal includes the ritual use of entheogenic medicines, which are part of the ceremonial structure of this practice within the tradition.

Because of this broader ceremonial format, the Nourishing Temazcal usually has a longer duration, allowing each stage of the process to unfold with greater time and depth. Within the tradition, it is understood as a space for the nourishment of spirit, mind, and heart.



Foto: Renacio



Foto: Cuatro Vientos



Saturday,
July 13

Chanupa **Circle**

The chanupa is a pipe considered a sacred instrument in this tradition, used for prayer with tobacco. The chanupa circle is an ancestral ceremony, a moment of silence and connection, and an opportunity to learn about the tradition.



Song **Workshop**

In this workshop, participants will learn the “Cantos a Los Rumbos” with Mariana Noronha. Seven songs have been selected by the artist, one for each direction. It is an opportunity to explore the power of the voice, the songs, and their meanings.



Foto: Renacio



Foto: Cuatro Vientos



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Temazcal

Temazcal is a sacred ceremony originating from the Indigenous cultures of the Americas. The ceremony takes place in a dome-shaped structure with a small opening for entry and air flow. The space is heated with hot stones, which are sprinkled with water to create heat and steam. This ceremony is based on the blessing and purification of the human being. Through the sacred element of water and the heat of life, the body releases toxins through sweat, while the warmth and steam help release negative emotions, relieving stress and promoting well-being. It is considered a ceremony of purification and rebirth.



CUATRO VIENTOS

Cuatro Vientos is a co-creation between the Brazilian consecrated artists Johnny Gregolin and Mariana Noronha, whose purpose is to facilitate gatherings through art, songs, and authentic ancestral experiences.

In addition to hosting gatherings and ceremonies from the Sacred Fire of Itzachilatlan (FSI) tradition, Cuatro Vientos is a living art atelier dedicated to experiences, expeditions, and the creation of power instruments for those who wish to express themselves through them, as well as for ceremony guides and leaders.

[Follow us on instagram](#)
[@cuatrovientosatelle](#)



Participation and Contribution Options:

LOCATION: BERLIN
KLANDORF - WE WILL SEND
THE LOCATION

LIMITED SPOTS AVAILABLE

Full gathering participation:

Minimum contribution: €290

Fair contribution: €360

Abundant contribution: €430

Registration and reservations:

Contact Bia on WhatsApp:
+55 11 99889-6094

It is possible to participate in
the full gathering or in
individual activities.

**Please let us know in
advance.**

If in any way you feel called to
participate and are unable to
contribute the suggested
amount, please get in touch.
We have a few spaces
available for exchange.



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Purification Temazcal • Chanupa Circle •
Song Workshop • Nourishment Temazcal

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